

Women's Empowerment Group

Adult Survivors of Sexual Violence



You DON'T have to go through this alone

Topics will include: Empowerment, Stress and Relaxation, Anger, Sexuality, Guilt and Shame, Grief and Loss, Self Esteem, Relationships, Coping Skills, Spirituality, Healing....and more.

**Women & Families Center
Sexual Assault Crisis Services
100 Riverview Center
Suite 274
Middletown, CT
24 Hour Crisis Hotline
(State) 1-888-999-5545
En Espanol 1-888-568-8332**



STARTING JANUARY 2012

For more information ask for:

Marion Jones

(860) 344-1474 ext. 111



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